



# Kingswood Education Catering

## Primary Menu Spring 2020



School Training days are **NOT** noted on this menu – please refer to your Child’s School for accurate dates.

### How to order:

Online: [www.kingswoodcatering.co.uk](http://www.kingswoodcatering.co.uk)

You have until Wednesday at midnight to order for the next week – just register, log on, order and pay – simple.

Please note there is a 10p administration fee for this service.

If you are not able to order via the internet give our office a call on 01536 201203 between 9am and 4pm so that we can arrange an alternative ordering method for you.

The price of a school dinner is **£2.30** per day, **£11.50** per week. Children entitled to Free Meals can make a choice and order online.

Orders for the start of the term can be placed up to midnight on Wednesday of the week before the children are due to have meals. We're sorry but if you miss the order cut-off date we are unable to accept late orders.

If you have any difficulties ordering online please contact the office email [enquiries@kingswoodcatering.co.uk](mailto:enquiries@kingswoodcatering.co.uk)

Special Offer: 3 children for the price of 2 on full weeks – please ring our office 01536 201203 for details – conditions apply.

Cancellation – if your child is not in school we are not able to offer a meal credit unless we have been informed by midnight the day before. Please contact our Office on 01536 201203 or email [enquiries@kingswoodcatering.co.uk](mailto:enquiries@kingswoodcatering.co.uk)

Weeks commencing:     **24/02/2020**     **16/03/2020**     **20/04/2020**     **11/05/2020**

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Cheese and Tomato Pizza Baked Beans	BBQ Chicken Fillet with BBQ Dip Rice Mixed Vegetables	Sausages Mashed Potatoes Baked Beans or Garden Peas	Roast Beef Slice in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Lemon Sole Fish Bites Chips Garden Peas
<b>Vegetarian alternative</b>	Meat Free Sausage Roll Baked Beans	Vegan Nugget with BBQ Dip Rice Mixed Vegetables	Vegan Sausage Mashed Potatoes Baked Beans or Garden Peas	Meat Free Pasty Roast Potatoes Diced Carrots	Vegan Vegetable Nuggets Chips Peas
<b>Picnic Lunch</b>	Sliced Cheddar Cheese Sandwich Raisin Box Golden Oat Flapjack Water Fruit from bowl	Houghton Ham in a Soft Roll Raisin Box Ginger Bread Biscuit Water Fruit from bowl	Tuna Mayonnaise Roll Sultana & Raisin Blueberry Flapjack Water Fruit from bowl	Houghton Ham Sandwich Apricot Bag Vanilla Muffin Water Fruit from bowl	Cheddar Cheese Sandwich Raisin Box Shortbread Biscuit Water Fruit from bowl
<b>Chef's Choice</b>	Chicken and Tomato Pasta Hotpot	Vegetable and Mixed Bean Chilli Rice Mixed Vegetables	Cheesy Pasta Pot Garden Peas	Roast Quorn Fillet in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Cheese and Pepper Quiche Chips Garden Peas
<b>Jacket Potato</b>	Jacket Potato and Baked Beans or Cheese	Jacket Potato and Tuna Mayonnaise or Cheese	Jacket Potato and Baked Beans or Cheese	Jacket Potato and Tuna Mayonnaise or Cheese	Jacket Potato and Cheese
<b>Pudding</b>	Mini Blueberry Muffin	Pancakes with Golden Syrup	Fruit Platter	Fruity Flapjack Biscuits	Iced Carrot Cake

We will do everything possible to provide the menu published, although occasionally there may be unforeseen circumstances which might result in a change to the menu without any notification

Please see 'more information' on our website menus for allergen information.

Week Commencing					
	02/03/2020	23/03/2020	27/04/2020	18/05/2020	
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Pork Meatballs with Tomato Sauce Wholemeal Pasta Sweetcorn	Southern Fried Chicken Bites Mayonnaise-optional Wrap Salad	Beef Bolognese Pasta Mixed Vegetables	Roast Chicken Fillet in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Ultimate Fish Fingers Chips Garden Peas
<b>Vegetarian alternative</b>	Meat Free Meat Balls in Tomato Sauce Wholemeal Pasta Sweetcorn	Vegan Nuggets Wrap Salad	Vegan Bolognese Pasta Mixed Vegetables	Quinoa Beetroot and Edamame Burger Roast Potatoes Diced Carrots	Moroccan Falafal Chips Garden Peas
<b>Picnic Lunch</b>	Sliced Cheddar Cheese Sandwich Raisin Box Golden Oat Flapjack Water Fruit from bowl	Houghton Ham in a Soft Roll Raisin Box Ginger Bread Biscuit Water Fruit from bowl	Tuna Mayonnaise Roll Sultana & Raisin Blueberry Flapjack Water Fruit from bowl	Houghton Ham Sandwich Apricot Bag Vanilla Muffin Water Fruit from bowl	Cheddar Cheese Sandwich Raisin Box Shortbread Biscuit Water Fruit from bowl
<b>Chef's Choice</b>	Chicken and Tomato Pasta Hotpot	Fish Pie Mixed Salad	Macaroni Cheese Mixed Vegetables	Roast Quorn Fillet in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Cheese and Vegetable Fingers Chips Garden Peas
<b>Jacket Potato</b>	Jacket Potato and Baked Beans or Cheese	Jacket Potato and Tuna Mayonnaise or Cheese	Jacket Potato and Baked Beans or Cheese	Jacket Potato and Tuna Mayonnaise or Cheese	Jacket Potato and Cheese
<b>Pudding</b>	Waffles with Syrup	Fruit Platter	Chocolate Sponge and Carnation Milk or Custard	Guilborough Biscuit	Red Velvet Cake

Weeks commencing:					
	09/03/2020	30/03/2019	04/05/2020		
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Chicken Burger Roll Baked Beans	Chicken Tikka Naan Bread Rice Sweetcorn	Pork Sausage Toad in the Hole Mashed Potatoes Green Beans Gravy	Roast Turkey Fillet in Gravy Stuffing Ball Roast Potatoes Diced Carrots	Harry Ramsdens Fish in Batter Chips Garden Peas
<b>Vegetarian alternative</b>	Meat Free Southern Fried Chicken Style Burger in a Roll Baked Beans	Vegetable Chickpea and Potato Curry Rice Sweetcorn	Vegan Sausages Mashed Potato Green Beans Gravy	BBQ Lentil Burger Roast Potatoes Diced Carrots	Vegan Vegetable Nuggets Chips Garden Peas
<b>Picnic Lunch</b>	Sliced Cheddar Cheese Sandwich Raisin Box Golden Oat Flapjack Water Fruit from bowl	Houghton Ham in a Soft Roll Raisin Box Ginger Bread Biscuit Water Fruit from bowl	Tuna Mayonnaise Roll Sultana & Raisin Blueberry Flapjack Water Fruit from bowl	Houghton Ham Sandwich Apricot Bag Vanilla Muffin Water Fruit from bowl	Cheddar Cheese Sandwich Raisin Box Shortbread Biscuit Water Fruit from bowl
<b>Chef's Choice</b>	Salmon and Sweet Potato Fishcake Roll Baked Beans	Cheesy Pasta Pot	Meatloaf Burger Mashed Potatoes Green Beans Gravy	Roast Quorn Fillet in Gravy Stuffing Ball Roast Potatoes Diced Carrots	Plain Omelette Chips Garden Peas
<b>Jacket Potato</b>	Jacket Potato and Baked Beans or Cheese	Jacket Potato and Tuna Mayonnaise or Cheese	Jacket Potato and Baked Beans or Cheese	Jacket Potato and Tuna Mayonnaise or Cheese	Jacket Potato and Cheese
<b>Pudding</b>	Frozen Yoghurt	Fruit Platter	Sweet American Pancakes & Honey	Chocolate Flavour Cookies	Banana Bread

Drinking water and plain wholemeal bread is available daily. A selection of fruit is available daily as an alternative to the pudding advertised. Some products may contain small bones. We do not use nuts in any of our recipes and our production kitchens are nut free, however we cannot guarantee that the all the products purchased from our manufacturers have been made in a nut free environment. All fish products are from a sustainable source.